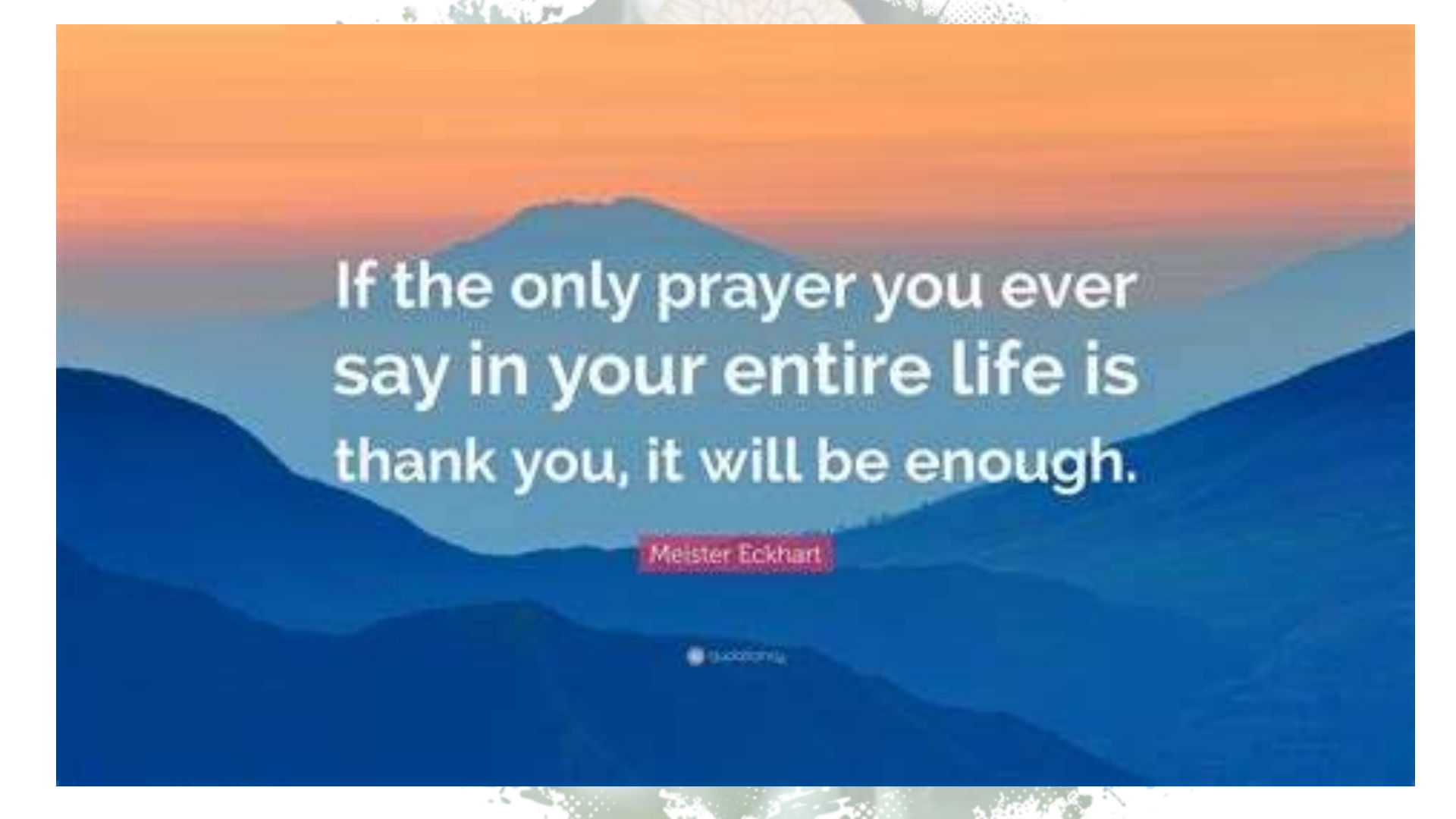


The background of the slide features a close-up photograph of several bright yellow flowers with long, thin petals, set against a soft-focus green background. The entire image is framed by a white, hand-drawn style border with a slightly distressed or textured appearance.

Week 10:

The Blessed Giveaway

Financial Considerations,
CARING FOR PETS,
& Strategies for Stuff

A landscape with mountains and a sunset sky. The sky is a gradient of orange and red, transitioning into a blue gradient over the mountains. The mountains are silhouetted in various shades of blue, creating a sense of depth and layering. The overall mood is serene and contemplative.

If the only prayer you ever
say in your entire life is
thank you, it will be enough.

Meister Eckhart



Week 9:

Caring for the Dead

Vigil & Funeral Options,
Write Your Eulogy
Traditions from our Past,
Caring for our own at Death,

3 Categories End of Life Paperwork

Designing Your Sacred Decline

Living Health Care General

- × Living Will
- × Advanced Care/Life Directives
- × Medical Directives
- × Five Wishes
- × Health Care Agent
- × Health Care Power of Attorney

Specific:

- × DNR (Do Not Resuscitate)
- × MOST or POST Document

Returning the Vessel

After Death Care

- × Organ Donation
- × Disposition of Body
- × Cremation or Burial Authorization
- × Spiritual, Funeral, Arrangements
- × After Death Care
- × Death Certificate

The Blessed Giveaway

Financial

- × Beneficiary (TOD & POD)
- × Arranging for Pets/Kids
- × Decluttering
- × Financial or Durable POA & Executor
- × Trust or Will

End of Life Planning Checklist

These are only suggestions. Feel free to make your own document by editing this template.

Next Steps for Wish 1	Date to Complete	Date Completed	Notes
Make a list of possible Health Care Agents, their qualities and pros and cons			
Contemplate team approach to health care agent			
Communicate with potential health care agents			
Research patient advocacy			
Schedule conversations with family & friends			
Fill out Wish 1 in your booklet			
Next Steps for Wish 2	Date to Complete	Date Completed	Notes
Research and contemplate life supporting measures. Consider what you want and don't. D			
Consider what you want and don't and define life supporting measures for yourself.			
Play the Go-Wish game online or with cards			
Talk to your HCA, family, and friends			
Fill out Wish 2 in your booklet			
Next Steps for Wish 3	Date to	Date	Notes



Week 10:

The Blessed Giveaway

- Beneficiary (TOD & POD)
- Arranging for Pets/Kids
 - Passwords & Access
- Financial or Durable POA & Executor
 - Decluttering
 - Trust or Will



Week 10:

The Blessed Giveaway

- \$ and Anxiety? (explore this gift)
- \$ and Support? (work through body first)
 - Go slowly

Blessed Giveaway Highest Goal

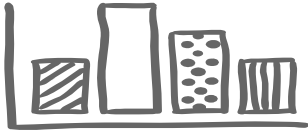
Little to no mess for others to deal with.

&

A low to no stress offering of what I've accumulated and accomplished in this life.

&

Small but Meaningful Remembrances



Financial Ownership



Beneficiary:

IRA
Life Insurance
Annuities
Retirement Plans

Details:

- Transfer on Death.
- No need for probate.
- Beneficiary becomes owner
- Settled in 72 hours after death certificate received

TOD (Transfer on Death):

Non-retirement
Investment Accounts

Details:

- TOD assignee becomes owner inside the account.
- TOD transfers on Death. No probate needed
- Settled in 72 hours after death certificate received

POD (Payable on Death):

Cash
Money Market
Checking & Savings

Details:

- POD assignee becomes recipient of \$.
- POD transfers on death. No probate needed
- Settled in 72 hours after death certificate received

Week 10:

The Blessed Giveaway

- Beneficiary (TOD & POD)
- Arranging for Pets/Kids
 - Passwords & Access
- Financial or Durable POA & Executor
 - Decluttering
 - Trust or Will

A background image of a field of pink flowers with brown centers, set against a soft green background. A large, white, brushstroke-like graphic element is positioned on the left side of the image, partially overlapping the text.

Arranging for Pets



The background of the slide features a soft-focus photograph of several pink flowers with brown centers, likely Coneflowers, in a green field. A prominent white brushstroke graphic, resembling a paintbrush stroke, runs diagonally from the top left towards the bottom center, partially overlapping the text and the flowers.

Arranging for Children

The background of the slide features a soft-focus photograph of several pink flowers with brown centers, likely coneflowers, in a field. A large, white, textured brushstroke graphic is positioned on the left side, partially overlapping the flowers and extending towards the center. The word "Passwords!" is written in a bold, black, sans-serif font across the middle of the image, overlapping the white brushstroke.

Passwords!

UNCLUTTERING





One day Son
all this will be
yours.



Budget for EOL

The background features a soft-focus image of several pink flowers with brown centers, set against a light green background. A prominent white brushstroke, resembling a paintbrush or chalk stroke, runs diagonally from the top left towards the bottom right, partially obscuring the text and the flowers.

Durable (Financial) Power of Attorney

The background features a soft-focus photograph of several pink flowers with brown centers, likely Coneflowers. A prominent white brushstroke, resembling a paintbrush or charcoal stroke, runs diagonally from the top left towards the bottom center, partially obscuring the flowers and the text.

PROBATE

Homework Week 10

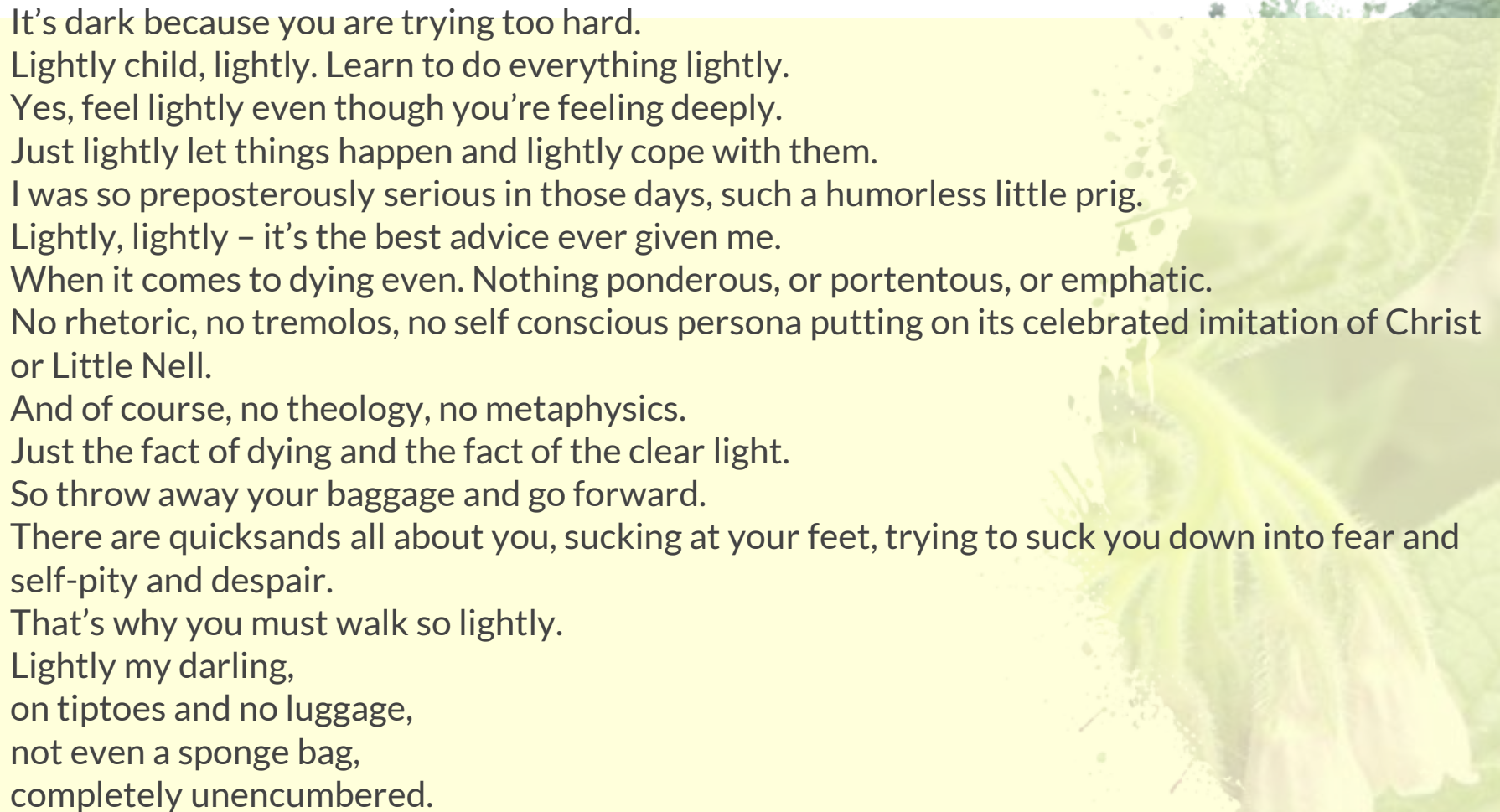


Conversations:

- Talk to your buddy.

Week 10:

- Gratitude Practice
- Beneficiaries – TOD/POD
- Passwords and Phone Access
- Arrangements for Pets/Kids
- Financial/Durable Power of Attorney
- Passwords
- Decluttering (Swedish Death Cleaning)
- Will/Trust



It's dark because you are trying too hard.
Lightly child, lightly. Learn to do everything lightly.
Yes, feel lightly even though you're feeling deeply.
Just lightly let things happen and lightly cope with them.
I was so preposterously serious in those days, such a humorless little prig.
Lightly, lightly – it's the best advice ever given me.
When it comes to dying even. Nothing ponderous, or portentous, or emphatic.
No rhetoric, no tremolos, no self-conscious persona putting on its celebrated imitation of Christ or Little Nell.
And of course, no theology, no metaphysics.
Just the fact of dying and the fact of the clear light.
So throw away your baggage and go forward.
There are quicksands all about you, sucking at your feet, trying to suck you down into fear and self-pity and despair.
That's why you must walk so lightly.
Lightly my darling,
on tiptoes and no luggage,
not even a sponge bag,
completely unencumbered.

— Aldous Huxley, *Island*